

EMPOWER

Education
Engagement



Mentor
Resources

PARENTING ON WHEELS 2018/2019

We are bringing the information and resources to Mission Elementary Schools

4 Nights 4 Topics

October 3rd	The Big Chill “Take 2”	5 pm—7 pm	<i>Light</i>
October 10th	A Receptive State of Mind	5 pm—7 pm	<i>Dinner</i>
October 17th	Cultivating Connections	5 pm—7 pm	<i>Provided</i>
October 24th	“Bend & Stretch Reach for the Sky”	5 pm—7 pm	

The Big Chill “Take 2” — Helping your child build self-regulation skills.

A Receptive State of Mind— Responding to your child with receptivity instead of reactivity.

Cultivating Connections— Building a warm, positive, responsive & attentive Relationship with your child develops a strong foundation in a child’s brain for future learning, interactions and development.

“Bend & Stretch Reach for the Sky” — Spend some time with your child bending, stretching, breathing, laughing and just having fun.

Where?
Hatzic Elementary
8465 Draper
Mission

**Free
Child
Minding**



REGISTER 604 826 3634

Email : eyy@missioncommunityservices.com

Mission ECD Committee



Canada
Community Action Program
for Children (CAPC)

