

Aug. 30, 2010

Ministry of Education

## **BACK TO SCHOOL TIPS FOR A SMOOTH START**

### **Primary Students:**

- \* Confirm what time school will start on the first day.
- \* If your children are going to a new school, check with the school to see what information or identification will be required on registration day.
- \* Get your children used to the back-to-school routine before the first day of school by having them shift to their school bedtime and wake-up routine a week before school begins.
- \* Have your children choose their outfits the night before the first day to help start the morning calmly and efficiently.
- \* Find out how your child's teacher communicates with parents and take advantage of the opportunities available.
- \* Get involved in the school community. Contact your local board of education or the Parent Advisory Council at your child's school for volunteer opportunities.

### **Intermediate/Middle Students:**

- \* Review your children's class schedules with them to ensure all of their classes are correct.
- \* Help your children figure out a plan for getting to class on time, especially if classes are at opposite ends of the building.
- \* If your children are going to a new school, encourage them to check out the school before their first day. Have them locate the gym, library, cafeteria and their classrooms to get them acquainted with the facilities.
- \* Talk to your children about the upcoming school year; be positive and remind them of the friends they will meet, the new things they will learn and the fun they will have.
- \* Continue to be involved in the school community as this is a great way to get to know your children's teachers and other parents.

This factsheet is available in French at:

[http://www.bced.gov.bc.ca/news/docs/2010/tips-smoothstart\\_fr.pdf](http://www.bced.gov.bc.ca/news/docs/2010/tips-smoothstart_fr.pdf)

In Chinese at:

[http://www.bced.gov.bc.ca/news/docs/2010/tips-smoothstart\\_ch.pdf](http://www.bced.gov.bc.ca/news/docs/2010/tips-smoothstart_ch.pdf)

In Punjabi at:

[http://www.bced.gov.bc.ca/news/docs/2010/tips-smoothstart\\_pu.pdf](http://www.bced.gov.bc.ca/news/docs/2010/tips-smoothstart_pu.pdf)